

WALK 4: A walk along the valley of the upper reaches of the River Medway returning along the Forest Way.

1. From halfway up the Burrswood exit drive, take the footpath up some steps on the left, into a wood. Follow path straight ahead through wood. Cross stile at end of wood.
2. Follow trees/hedge on right for 100m then bear left, crossing field downhill to stile at woodland edge.
3. Cross stile, then the track and continue downhill through wood, crossing stream and continuing straight ahead to next stile.
4. Cross stile and follow track with fence line on right until reaching waymark post. Then turn left, continue through gate and under railway.
5. Bear left after tunnel, diagonally across field to footbridge.
6. Bear right after footbridge across field.
7. Turn right across bridge and follow track.
8. Bear left after next bridge, crossing field diagonally. At next bridge, do not cross it but continue left following field edge.
9. Continue on, crossing a further bridge and follow field edge. Go through copse ahead, crossing two bridges, then bear right keeping wood/bank on your right.
10. At road, cross stile and road taking the entrance into Summerford Farm.
11. Follow drive and bear right following further drive.
12. Go through gate and follow track for 100 metres then turn left down steps through hedge. Follow path keeping fence on your right. Fork left down bank.
13. Cross stile and ditch then bear right across field to footbridge and onto next stile. Turn left onto Forest Way.
14. Follow Forest Way, crossing road at Balls Green. Continue on for just over a kilometre, passing under bridge then after around 200 metres turn left down steps and over stile.
15. Continue across field, go through hedge and on to track. Cross bridge and turn left across field to following footbridge. Continue straight ahead and go through tunnel under railway.
16. Continue ahead through gate to junction of three waymarked paths.
17. Turn right and cross field ignoring stile and gate to left hand side.
18. Cross stile at end of field then straight ahead to woodland, then uphill through woodland, crossing a track and stile to field.
19. Continue up field to copse then bearing right following tree/hedge line on your left towards stile into woodland.
20. Follow path through wood to reach road.
21. Turn right to return to Burrswood.

Circular Walks

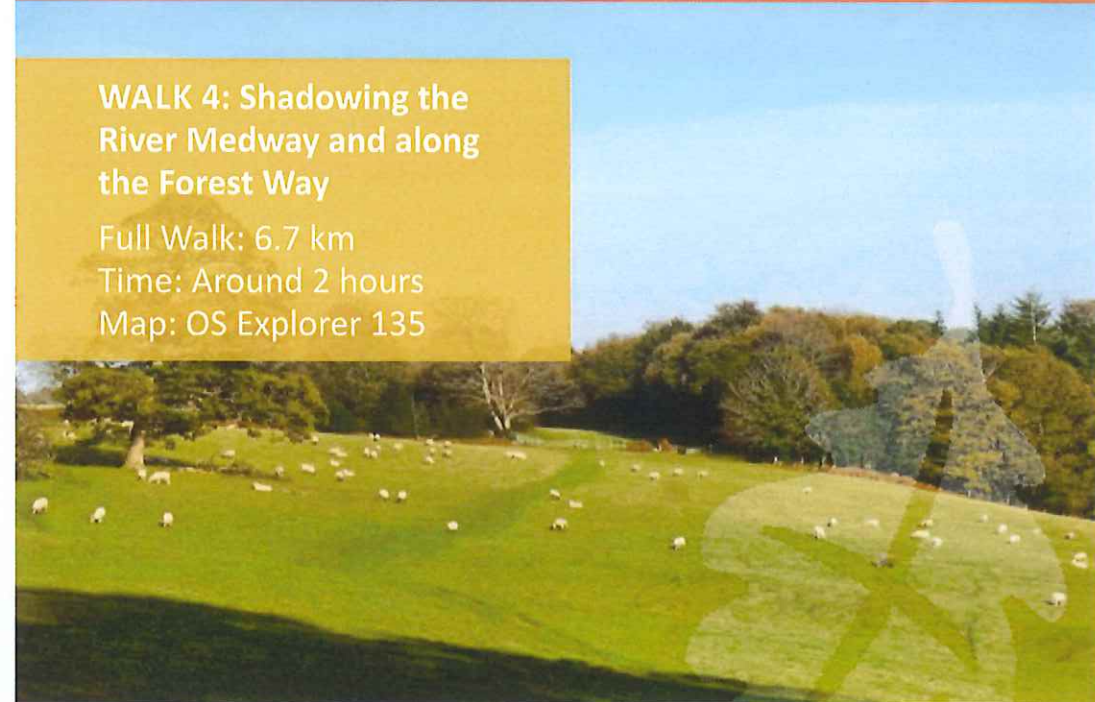
around Burrswood

WALK 4: Shadowing the River Medway and along the Forest Way

Full Walk: 6.7 km

Time: Around 2 hours

Map: OS Explorer 135



After your walk why not stop at our *Tea Room* and enjoy tea, coffee, breakfast or a light lunch?

For more information about Burrswood please visit:
www.burrswood.org.uk or call 01892 863637

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